



## Two Nights on the Selma Plateau

Enjoy the luxury of a comfortable two night expedition centred around the Selma Plateau in the Eastern Hajjar Mountains of Oman. Our route takes us via much of Oman's most impressive scenery including mountains, wadis, a stunning coastline, traditional Omani villages and ancient tombs.

We stay for 2 nights in an exclusive Hud Hud camp on the spectacular Selma Plateau at 2,000m above sea level.

At the mountain camp, sleeping tents vary according to the season but are always appointed with proper mattresses, crisp cotton linen, feather pillows and traditional furnishings. Each sleeping tent has its own private bathroom tent, open to the skies and furnished with soft towels, basin, shower and a selection of soaps and lotions.

The camp will offer a large, evocative majlis, decorated in a style in keeping with the ambiance of the environment, with cushions and rugs, topical books, boules, board games and yoga mats. Dining is at a properly laid table under the stars beside a crackling fire. Food is, as far as possible, locally sourced, freshly prepared by our camp chef and always delicious. We use limited electric light, and the emphasis is on preserving the atmosphere through natural lighting provided by candles, oil lamps and camp fires.

### Day 1

Leaving Muscat we make our way to the coastal road that runs between Muscat and Sur. After a short stop at Bimah Sinkhole we drive through Wadi Tiwi where we will leave our cars behind to continue by foot. From here the adventure starts and we will explore Wadi



# Hud Hud Travels

Mibam (this will take approximately 2 hours and will be a combination of walking, swimming, descending with the help of a rope and jumping into water pools).

After the visit of Wadi Mibam we stop for a tasty picnic lunch before driving to Qalhat viewpoint to see the tomb of Bibi Myriam. From here we start our ascend of the Selma Plateau, making our way up a steep gravel track that, in a short time, takes us to the peak of the impressive Plateau over 2,000m above sea level with, on a clear day, amazing views to the north are of the Arabian Sea. This track passes ancient villages that were, until a few years ago, only accessible on foot or by donkey. This long, west facing ridge is spectacularly lined with numerous beehive tombs built by the Umm Naa people in around 2500BC.

Upon arrival at the private camp you will be greeted by the Hud Hud team with cold flannels and a refreshing drink and given some time to settle in. Relax from the comfort of your tent, or in the majlis, and soak up your surroundings before enjoying a spectacular sunset view from the camp.

Enjoy some nibbles and drinks while our chef prepares a tasty freshly cooked dinner.

Overnight at a Private Hud Hud Mountain Camp on the Selma Plateau

## Day 2

After breakfast we will drive to the village of Al Jayla, with its interesting Falaj that is included in the UNESCO World Heritage site of the “Aflaj Irrigation Systems of Oman” and featured on Oman’s 100 Baiza notes.

From Jayla we will drive to the village of Al Jahl where we will walk to another waterfall where we will have a chance to swim and explore before we have a tasty picnic lunch in this stunning setting (there is an option to go until the first pool only or to continue the path deeper into the wadi to reach a second water pool).

Return to your camp.

Option to include some mindfulness activities before dinner such as sunset yoga accompanied by an Oud Player (needs to be booked in advance).

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## Day 3

Before breakfast you can use one of the available yoga mats and soak in the beautiful views or we can arrange for one of our partners to do some morning Yoga Pranayama & Meditation with you.

After breakfast we leave our mountain camp behind and pass close to the location of the famous Majlis Al Jins, one of the world’s largest cave chambers, accessible only by abseiling.

We will descend from the Selma Plateau and drive to Wadi Arbaeen where we can hike and swim before returning to Muscat.